

Epub Download Change: The Tools You Need for the Life You Want at Work and Home Full Book



Book details

- Author : Gary Bradt
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Book Synopsis

How do you deal with nonstop change at work? Leading others through change? Personal loss? How do you cope with a sudden and unexpected shift in your life, at work or at home? Change can be hard. Author Gary Bradt can help. In this book, he weaves relatable stories with nine practical tools to help you manage the change in your life. With strategic advice like keeping a ToWho list and empathetic guidance about when to let go or latch on, Change explores Bradt's proven secrets for turning adversity into opportunity. Learn how to adapt and advance whenever change hits and turns your life upside down.